



C O R A C L E

Online Resources We

It is true, of course, that in any number of ways websites and blogs can quickly and easily de-form us spiritually, but there are some wonderful sites and web resources that can help “form Christ in us” (Galatians 4.19), which is the essence of spiritual formation. Here are some places that can help us grow in Christ and stay connected to God while connected to the Internet.

Pray as You Go - pray-as-you-go.org This is a staple for me, a fantastic ministry out of the UK, and is wonderful on the computer and works on smartphones. Can also be downloaded as an app, or used in podcast form. In about 12 minutes, there’s inviting music, the Gospel reading for the day read twice in ‘lectio divina’ style, with simple reflections offered and questions asked, and guidance to pray. It concludes each time with the Gloria said in many voices, to which you can add your own. I love this one! You will too.

Sacred Space - sacredspace.ie Whether you take 3 minutes or 10 minutes or more to work through this simple, Gospel-reading based tool for prayer, you’ll be amazed at how quickly you’re ushered into God’s loving presence, and find calm there. A perfect thing to use first thing when you get on your computer in a given day, or in the middle of the day.

The Lectionary according to the Book of Common Prayer – dailylectionary.org Go to this site and sign up, and sometime around 2am you’ll have the daily lectionary readings, complete with Psalms, all written out in one place and delivered to your inbox. One of the best ways to be with God is to be with his Word!

Daily Mediations from Henri Nouwen - <http://henrinouwen.org/resources/daily-meditation/> Start your day with a few short and insightful sentences from Henri Nouwen, whose words and life have ministered to so many of us. Sign up and receive them daily in your inbox.

The Transforming Center - thetransformingcenter.org The ministry of Ruth Haley Barton. On the home page, sign up for e-reflections at the very bottom of the page and you’ll begin receiving regular reflections from her and others on the spiritual life and spiritual formation, weekly during Lent and Advent. They’re always insightful, challenging, and encouraging.

Spiritual Practices and Disciplines - spirithome.com/spirdisc.html Looking for a new spiritual discipline, or want to learn more about a bunch of them? This site has some good things to say.

Renovaré - Renovare.org (Dallas Willard, Richard Foster, and friends) Simply one of the richest resources out there for spiritual formation and becoming more like Jesus. There’s a treasure trove of great reading materials (<https://renovare.org/books/basics>) for learning, and more importantly, doing.

3 Minute Retreats – <http://www.loyolapress.com/3-minute-retreats-daily-online-prayer.htm> an online space with an image, and a short, guided, scripture-based meditation with prompts for prayer and reflection.

The Daily Office from Trinity Mission - <http://thetrinitymission.org/> Fr. Michael Jarrett, a dear friend and Anglican priest in Texas, is the founder of the organization whose purposes and vision align closely with Coracle’s.

To paraphrase St. Paul, “Whether we eat or drink or surf the web, do it all to the glory of God!”



www.inthecoracle.org



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